



Dear Royal Student and Parents,

Please note the following mandatory medical documents that are needed to participate on a Ramstein High School Team.

1. Sports Physicals: Must be signed and stamped by a physician. These forms are only good for one year from date of actual physical.
2. If your student must carry an inhaler or an epi-pen, the attached 'Permission for Student to Retain Control of Medication' must be filled out and signed by a physician. This document is may also be utilized for school days, team trips, and field trips.
3. If your student takes daily medications at home that need to be taken on overnight trips or at school, the attached 'Medication Administered During the School Day/Activities' must be filled out and signed by a physician. Students are NOT allowed to carry these medications.
4. All forms are to be brought to the nurse's office for verification.

PLEASE KEEP A COPY OF YOUR SPORTS PHYSICAL WITH YOU DURING TRYOUTS!!!!



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